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I'm an experienced offline editor, producer and director. I've been working in broadcast TV for nearly two decades- in London and now Bristol and the South West. I like to work on factual entertainment, documentary and observational documentary programmes. I'm friendly, fast and efficient and am happy working in a team or on my own. I understand budget restraints so most jobs I work on are finished on schedule - all are finished to a very high standard. My strengths lie in structure, pacing and storytelling. I have worked on many new series', collaborating with the SP's and Execs to create appealing new formats, which are often recommissioned.

Factual Entertainment

Animal Park Summer Special 2018, BBC1

Ben Fogle and Kate Humble are back for series 10, as they explore behind the scenes at Longleat Estate and Safari Park. Exec Joff Wilson

Jamie Cooks Italy, Jamie Oliver Productions, Ch4

Jamie teams up with his friend and mentor Gennaro Contaldo to learn Italy's best-kept secrets from the true masters of the Italian kitchen: the home cooks who have perfected recipes that have been lovingly handed down over generations. Exec: Katy Fryer

Family Farm, S1 Folk Films for BBC Wales

Three families from across the UK ditched the 9-5 in search of a better work-life balance and the experience of a lifetime high in the mountains of Snowdonia, with the help of hill farmer Gareth Wyn Jones and wildlife presenter Kate Humble

Eat Well for Less, S4, RDF for BBC1

The popular BBC prime time series where Gregg Wallace and Chris Bavin help families save money, sort food facts from food fiction and help them to eat well for less.

2x 1hr SP: Fiona Gay

CountryFile, BBC1

The winning Sunday staple which celebrates the beauty and diversity of the British landscape, first aired in 1988 and now has on average 9 million viewers a week.

Hairy Bikers- Chicken & Egg- Israel, BBC 2

The Hairy Bikers are on a mission to find, cook and eat the most delicious chicken and egg recipes in the world across Europe, the Middle East and America. The boys celebrate the versatility and universality of both chicken and egg.

Exec: Pete Lawrence, SP: Hannah Corneck

Bake Off: Crème de la Crème, S1 Ep2 Love for BBC 2

A pastry version, spin-off of the hit show Bake Off. Presenter Tom Kerridge oversees the proceedings as 15 teams, each made up of three professionals try to impress three of the top patissiers in the industry. 1 x 45 mins. Exec: Richard Bowron, Com Ed: Clare Paterson

Food and Drink, S1, 2 (Xmas special) and 3, BBC 2

This iconic series explores all that is excellent in food and drink and invites us to engage in a debate about what we eat and drink. Series 3 features a new studio and a new host, Tom Kerridge. 8 x 30 mins. Exec: Robi Dutta, SP: Hannah Corneck

James Martin: Home Comforts, S2, BBC 2

TV chef James Martin shares the recipes he cooks in his own kitchen and explores every aspect of home cooking. 6 x 45 mins, SP: Nicola Kingscote, Exec: Karen Plumb

Heston's Michelin Impossible, S1, Renegade for Ch 4

In this brand new series, Heston Blumenthal uses his maverick culinary genius to dramatically re-invent food production. I was shipped in to rescue a few shows. SP: Emma Whitlock

Raymond Blanc's Kitchen Secrets, S2, BBC 2,

Legendary chef Raymond Blanc returns to television with a range of achievable and inspirational recipes for cooks of all abilities. 2 x 30 mins, Exec: Chloe Soloman

Shipwrecked, The Island, RDF for Ch 4

A group of castaways struggle to survive on a deserted tropical island as they compete against each other to win a huge prize. 1 x 60, Exec: Tate Simpson

Coleen's Real Women, S1 and 2, Initial for ITV2, producer/director/editor

Coleen (Mrs Rooney) wants big brands to get involved in her campaign to get real women to be the face of their products. Kate liked my input to this new format and asked me to come back and direct the next series. 4 x 60 mins. SP: Kate Shepherd and Fiona Drews

Love the place you're in- 48 hours, Talkback for UKTV,

Series 4 reformatted with a new slant. A makeover programme, where interior designer Gordon Whistance helps homeowners fall back in love with their properties. 3 x 60 mins, Exec: John Comerford

Safari School, Initial for BBC2

Over a month, a group of eight celebrities learn what it takes to become a safari guide, and battle it out to win the accolade of best game ranger and the chance to release big cats into a new home on Shamwari Game reserve in South Africa. 6 x 30 mins. SP: Paul Coueslant, Exec: Nick Samwell Smith

Diet Doctors and DD Special, S1 and S2, Tiger Aspect for CH 5

To kick-start the new series, a one-hour special covering the diet doctors ten worse body parts and problem areas that can be solved by diet alone. 4 X 60 mins, Exec: Jo McGrath

Cash In The Attic, S1 and 2, Leopard Films for BBC2

Popular formatted long-running presenter led auction series; where contributors, along with the aid of an antiques expert find treasures in their home and put under them under the hammer to fund a home or personal improvement. I also worked on the promo that got the commission for the first series. 4 x 30, 2 x 50, SP: Andrew Snowball

Greatest TV Moments, Objective for CH 5

Editor inserts show, incorporating stock footage and interviews with celebrities.

The Holiday Show, BBC 1

Editor for this long-running prime time travel series, which explores new destinations and wraps them up in a package, with presenters Angela Rippon and Ginny Buckley. 5 x 30 mins

EastEnders Revealed, S1 and 2, BBC 3

A series of light entertainment documentaries. Each programme uncovers the real person behind a specific soap personality or storyline headlining at the time. 3 x 30 mins

Comic Relief, BBC1 and CBBC

A series of stylised video inserts, which form part of the bi-annual charity fundraising variety show. 3 x 10mins

Observational Documentary

The New Fishermen (working title), The Fal, S1 Folk Films, for BBC2 Primetime

One episode in this 6 part series, following the lives of a new breed of fishermen living in Cornwall. Exploring what it takes for them to make a living from the seas. The Fal follows brother and sister Nicky and Jason as they diversify from wild oyster fishing in the river Fal to trailing in the open sea. S.P: Jamie Balment, Exec: Beejal Patel, Dir: Fred Winsor-Smith

Holiday Airport, S1 Plimsoll productions for CH 5

A fast paced and quirky prime-time documentary series based at Liverpool John Lennon Airport. Following the passengers' experiences and the characters working behind the scenes at the airport as they go about their daily business. 1 x 44mins, Exec: Karen Plumb

Frisky Business, S1 Lifestyle

Funny, frank and a little naughty, this spin off series from 'No Sex Please...' (Ch 4) sheds new light on the accessories involved in our sex lives. These observational documentaries features the staff at Lovehoney in Bath who send out around twelve thousand boxes a week to the bedrooms of Britain. 1 x 45 mins, Exec: Jonny Young

Tattoo School, Touch Productions for TLC

A one off 1 hour observational documentary about the award-winning Tattoo Artist Lisa Fasulo who runs a hands-on and unconventional tattoo school in upstate NY where students from all walks of life learn how to tattoo in just two weeks. These rookie students are seeking to change their lives through tattooing. With just two intense weeks under Lisa's instruction, they will get the experience tattooing on body after body with artwork of varying levels of difficulty. 1 x 60mins, Exec: Martin Brinkworth

Wife Swap, RDF for CH 4

The last show of the BAFTA-award winning hit series. Two families, from vastly different social classes and lifestyles, swap wives/mothers for two weeks. 1 x 60 mins. Exec: Tate Simpson

London Ink, World of Wonder for Discovery UK Realtime

An observational documentary series that takes an extraordinary look at the world of tattooing. Following the huge success of Miami Ink, London Ink reveals the highs, the lows and the daily drama of running a high-pressure studio. 2 x 60 mins. SP: Margaret Meenaghan

Ultimate Cops, Atom Films for Discovery

This is Discovery Networks first pan- regional commission for Central and Eastern Europe, the Middle East and Africa (CEEMEA). A long form reality crime show, shot in Russia, Poland and Romania. The fast-paced shows inter-cut between stories unfolding on the streets and in police backrooms in Moscow, Warsaw and Bucharest. Exec: Allen Schied, SP: Charlie Smith

Reality

Come Dine With Me, S1-4 LWT for CH 4, producer/director/editor

Everyone knows this programme by now. A group of five strangers who all think they are the best hosts, over a week, take it in turns to entertain each other in their own homes in a bid to win a cash prize. I worked on the promo series and series 2 and after a recommission of 75 Eps I was asked to come back and direct the next few series'. 7 x 30 mins, Exec: David Sayer

The Changing Room, S1 RDF for Ch 4

The 'Gogglebox' of the changing room. Fitting rooms were rigged out in House of Fraser, New Look, H&M, Monsoon and River Island, and fashion expert Henry Holland was enlisted in a bid to undress all of the drama, secrets, biting honest opinions and clandestine goings-on that occur in 'The Changing Room'. Exec: Andrew Anderson

Factual

Hugh's Wild West, S1, Keo for BBC 1

Lifelong nature-lover Hugh Fearnley-Whittingstall pursues his fascination with the wildlife of the West Country as he teams up with the region's most dedicated nature lovers

The Smoke House, Initial for CBBC, BAFTA- NOMINATED

BBC One and CBBC commissioned a new series in which children convince their parents to stop smoking. Six families move into a house where the children lay down regimes to get their parents clean. CBBC creative director Anne Gilchrist commissioned the show.

3 x 30mins. SP: Toni Williamson, Exec: Ian Holt for Initial and Alison Gregory for CBBC

How Do They Do It? Wag TV for Discovery UK

A long running popular science and technology based factual entertainment series, which looks at how things work, and focuses on some of the most amazing examples of everyday objects. Exec: Stephen Kemp and Martin Durkin

Paul McKenna's "Make Me Thin", Tiger Aspect for Sky

Studio and live feed show, using VT's to educate people who want to loose weight, designed around the theory that you can eat what you want when you want providing you're hungry and learning to know when you are.

Focus, Artsworld, producer, offline/online editor

A fast turn-around, daily edited arts magazine show, covering all genres of art. I contributed to all scripts and made all editorial decisions. 12 x 60mins

Short form

Charity Film for HOPE international,

A documentary campaign film for HOPE International. Looking at how their work has helped the lives of young children living in the slums of Kolkata. EX cut on FCPro HD

Fashion Air Pilot, 19 entertainment,

Developing and editing a new series aimed at the 20 something's fashionista! Glamorous and slick using leading contributors from the fashion industry including Lulu Guinness, Diane Von Furstenberg, Roland Moret and Alex Monroe. EX cut on FCPro HD

Armani promo, 19 entertainment,

Victoria and David Beckham get their kit off together to advertise Armani underwear. Fast paced and quick turnover cut on FCPro HD

Documentary

Situation Critical, Darlow Smithson for National Geographic

A new action based **docu-drama series**, which recounts some of the most dramatic events in history told by the survivors. 1 x 60 mins. 'Killing Pablo Escobar' Exec: Ben Bow

The Lost Tribes- Kambia, Cicada Films for Discovery UK

6 anthropological films, which follow the amazing adventures of two extreme explorers, Mark and Olly, who live with a remote tribe in West Papua. Exec: Frances Berrigan

Naked Science, Pioneer for National Geographic US

By speaking to prominent geologists and scientists, these documentaries explore the thrilling new investigations that reveal the fascinating stories behind some of the most popular and controversial scientific topics of our time. "Colliding Continents" investigates how Earth, as we know it was formed. 1 x 60 mins, Exec: Steven Marsh

Oil, Sweat and Rigs, Mentorn for Discovery US

A 6-part international science and technology series. After hurricane Katrina and Rita, oil riggers working on the front lines of the recovery operation in the Gulf of Mexico face extraordinary technical challenges. "The Witch Queen", is a story of the deep-sea saturation divers- they work at the very limits of human endurance and show remarkable acts of bravery as they battle to recover oil. 1 x 60min. SP: David Herman, Exec: Malcolm Clarke

Into the Unknown, Creative Touch for Nat Geo

A character driven international adventure series. Each film documents the dramatic and courageous battles for survival that adventurers face when presented with stark choices between life and death. They capture the emotional highs and lows against backdrops of dramatic landscapes of deadly beauty. I researched, scripted, and made all editorial and directorial decisions, as well as filming extra interviews. These were fast turn-around programmes with only two weeks per documentary. 3 x 30min, Exec: Mark Dyson

"The Final Mission", offline editor/producer/director

Political insurgency and the threat of robbery are among the human dangers that Gerry Moffatt faces before he can even begin kayaking the rapids of the Arun Gorge in Nepal.

“The Great Chinese Puzzle”, offline editor/producer

A five-man team sets out to walk the 3000-kilometre length of the Great Wall of China, but the sheer enormity of the task proves too much - except for Diego Azubel, who remains determined to complete the challenge himself.

“Devil's Cave”, offline editor/producer (In Dutch)

A team of explorers' head deep into the Amazon rainforest in search of Devil's Cave at the top of a mountain reputed to be inhabited by an evil spirit. As their guides flee, the jungle thickens, and their supplies diminish. As the documentary unfolds, it seems that the demon may be more real than they could have imagined.

Total Adventure, *Creative Touch for Nat Geo*, editor/producer

Fasten your seatbelts for 26 hair-raising, white-knuckle adventures from some of the planet's remotest corners. Fast turn-around international adventure series using DV footage shot during expeditions. I produced and researched the initial story and script, conducted interviews and directed and shot additional footage. 6 x 30 mins, Exec: Mark Dyson

“Paragliding Ethiopia”, offline editor/producer

A team of expert Para gliders travels to Ethiopia for a series of spectacular flights into the mountains and survive a frightening crash out in the hills.

“Diving the World”, offline editor/producer

Monty Hall explores ten of the world's best dive sites - from the warm waters of the Pacific to the cold currents of the Atlantic; taking scuba diving to its limits.

“Canoeing Bolivia”, offline editor/producer

No one has ever succeeded in navigating the length of the Parapeti River of southern Bolivia. In the local language, the name means "Waters of Death", and the expedition led by Adventurer Peter Hutchison must hack a path with machetes through dense vegetation that is home to mosquitoes, poisonous snakes and tarantulas. It is an expedition that will test their determination and bring one person close to death.

“Kite skiing Greenland”, offline editor/producer

Three of the world's leading skiers and snowboarders travel to the wilds of Greenland to explore the Karale Glacier. They make first descents of the numerous unnamed peaks in this remote region, and kite ski across the glacier itself.

“Climbing Annapurna”, offline editor/producer (In French)

For the last fifty years, Annapurna has proved the hardest mountain to climb, and the most dangerous of all the world's highest summits. Its fatality rate is more than four times that of Everest. Now Jean-Christophe is returning to Annapurna to make his fourth and final attempt to reach the summit, following a route that has only been climbed once before.

“Canoeing Alaska”, offline editor/producer

Award winning photographer Duncan Murrell travels to the remote bays and inlets of Alaska's Pacific coast and captures some unique shots of the humpback whales as they gather to feed.

Adventure Challenge, *Creative Touch for Nat Geo*, offline editor/producer

An award winning twenty-six part series of raw gritty action that pits adventurers against the extremes of the planet. From the blistering heat of deserts through to kayaking in ice-cold Arctic torrents, these films capture the most spectacular and grueling challenges on earth.

“Breakdown in Siberia”

A young German woman's epic solo bicycle journey from Beijing to London - a total of 8,000 miles through eight countries. En route, she meets with inclement weather, dangerous wildlife and possibly political instability.

“Lost in an Ocean of Sand”

Sam McConnell decides to try to walk solo from the Skeleton Coast of the Namib Desert to the nearest source of fresh water at Sesriem canyon, some 100 km away. Unbelievably he starts to suffer from the cold in the middle of the desert, as a thick sea mist rolls in and soaks all of his clothes, and instead of worrying about the effects of heatstroke, he soon becomes more concerned about getting hyperthermia.

-more credits and references available on request-

